

In the Name of God
Islamic Republic of Iran
Ministry of Health and Medical Education
Deputy for Education

Psychiatric Nursing
Degree: Master of Science (MSc)

Total Course Credits

- Core: 28
- Noncore: 4
- Thesis: 4

Program Description

The Psychiatric Nursing program is intended to train knowledgeable and skillful nurses, within the framework of health-centered, community-oriented, and comprehensive policies, to promote community health quality. The program could combine nursing knowledge with other health-related disciplines to achieve better outcome. The graduates, in this field, are armed with problem-solving skills and evidence-based decision-making abilities to offer optimum care to those in need.

The graduates can fulfill various tasks at such different settings as healthcare, rehabilitation, asylum, addiction, and consultation centers, hospitals, psychiatric clinics, psychiatric emergency wards, schools, and other settings in need of psychiatric nurses. They have the necessary knowledge, skill and dexterity to offer proper services, at different stages of prevention and treatment, to the mentally ill, their families and those with learning or other mental disabilities.

The universities and faculties in Iran, offering the program since 1974, have accumulated a wealth of invaluable experience. They accordingly have updated the course curriculum for MS degree to meet the changing needs of those with mental discomforts. This helps the graduates more effectively meet the psychiatric needs of their patients.

Admission Requirements

- Having a bachelor's degree (BSc) in nursing
- Meeting admission criteria based on the regulations of universities
- Being eligible for entering the program

*Important note: These general conditions do not necessarily exclude specific conditions of each specific institute or university.

Expected Competencies at the End of the Program

General Competencies*

Specific Competencies and Skills

At the end of the program learners will be competent in the following skills:

- Health-related skills

- Mental health monitoring
- Home and school consultation
- Skills to monitor mental and physical growth of children
- Administration of drugs for patients with mental problems
- Empowerment of the clients for self-care essentials, every-day activities
- Communication skills, social interactions and problem solving skills
- Referral and follow-up skills and provision of care at home
- Skills to triage clients
- Preparation of evidence-based reports regarding side or adverse effects of drugs

Educational Strategies, Methods and Techniques*

Student Assessment (Methods and Types)

- Formative (Quizzes and Midterm Exam)
- Summative (Final Exam)
- Comprehensive exam
- Methods of assessment: oral, written, observation, clinical competence assessments (OSCE, OSLE, OSFE, DOPS, 360 degree evaluation competency)
- Portfolio assessment: Log book, test results, reports, articles, certificates, promotions, etc.
- Different types of assessment: diagnostic, formative, and summative evaluations

Ethical Considerations*

*Note: The related document(s) can be found at <http://hcmep.behdasht.gov.ir/>.

Tables of the Courses

Table 1. Core Credits

Code of the Course	Title of the Course	Credits					Teaching Hours					Prerequisite or Simultaneous Course
		Theoretical	Practical	Clinical Training	Clinical Practice	Total	Theoretical	Practical	Clinical Training	Clinical Practice	Total	
03	Ethics and Law in Psychiatric Nursing	1	0.5	-	-	1.5	17	17	-	-	34	-
04	Theories and Models in Psychiatric Nursing and Their Applications	1.5	-	0.5	-	2	26	-	26	-	52	-
05	Nursing Management in Psychiatric Wards	1	-	0.5	-	1.5	17	-	26	-	43	04
06	Educational Methods	1	0.5	-	-	1.5	17	17	-	-	34	-
07	Psychopharmacology	1	-	0.5	-	1.5	17	-	26	-	43	-
08	Principles of Mental Health and Psychiatric Nursing	1	-	0.5	-	1.5	17	-	26	-	43	-
09	Principles of Consultation in Psychiatric Nursing	0.5	-	0.5	-	1	9	-	26	-	35	08
10	Mental Disorders in Adults and Psychiatric Nursing Care	1	-	1	-	2	17	-	51	-	68	08, 09
11	Individual Psychiatric Nursing Intervention	1	-	1	-	2	17	-	51	-	68	07, 08, 09
12	Group and Familial Psychiatric Nursing Interventions	1	-	1	-	2	17	-	51	-	68	11
13	Psychiatric Nursing Interventions in Children and Adolescents	1	-	1	-	2	17	-	51	-	68	08
14	Mental Disorders at Old Age and Psychiatric Nursing Care	1	-	0.5	-	1.5	17	-	26	-	43	07, 08
15	Addiction Nursing (from Prevention to Rehabilitation) (Family-Oriented Approach)	0.5	-	0.5	-	1	9	-	26	-	35	07, 08, 09
	Emergencies in Psychiatric Nursing	0.5	-	0.5	-	1	9	-	26	-	35	-
	Clinical Practice	-	-	-	6	6	-	-	-	408	408	-
16	Thesis	4										
	Total	32										

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